




Choosing a Recording

To choose a tape to deal with a specific issue or interest, scroll through the keywords below. Under each keyword you'll find the names of tapes which may be helpful. The colored tab next to it will tell you which series that tape is in. To purchase the tape, simply go to:






<http://www.changeyourmind.com/Products.html>

-  **The Empowerment series**
-  **The Loving Relationships series**
-  **The Success series**
-  **The Loving Partnership series**
-  **The Money series**
-  **The Spirituality series**
-  **The Healing series**





Abandonment

-  Loving Yourself
-  Healing Your Childhood
-  Opening Your Heart

Abundance

-  The Money series
-  Loving Yourself
-  Achieving Success
-  Manifesting With Ease
-  Transcending Cause & Effect

Abuse Loving Yourself

-  Healing Your Childhood
-  Opening Your Heart
-  Balancing Your Energy Centers
-  Transcending Cause & Effect







Acceptance

-  Loving Yourself





Agreements

-  Loving Yourself
-  Transcending Cause & Effect
-  Loving Conflict

Anger

-  Opening To Love
-  Loving Conflict
-  Loving Yourself
-  Healing Your Childhood
-  Balancing Your Energy Centers
-  Attaining Inner Peace

Asking

-  Speaking Up For Yourself
-  Healing Your Childhood
-  Loving Communication
-  Communicating Effectively

Ambition

-  Achieving Success

 The Empowerment series

 Manifesting With Ease

 Loving Yourself

Achieving Potential

 The Success Series

 The Money Series

 Loving Yourself

 Manifesting With Ease


 Living Your Spiritual Purpose

 Transcending Cause & Effect

Action

 Being Proactive


 Solving Problems Wisely

 Accepting Changes and Facing Your Future

 Investing Profitably

 Giving Purposefully

 Trusting Your Guidance

 Manifesting With Ease

Affluence

 Healing Money Wounds

Appreciation

 Loving Partnership 1

 Opening To Love

 Opening Your Heart

Assertiveness

 Speaking Up For Yourself

 Claiming Your Personal Power

 Communicating Effectively

 Loving Yourself

 Loving Communication

 Loving Conflict

Attachments

 The Spirituality Series

 Releasing Past Relationships

Awakening

 The Spirituality Series

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Being Invisible

 Healing Your Childhood

 Loving Yourself

 Claiming Your Personal Power

 Achieving Success

Being Wrong

 Solving Problems Wisely

 Trusting Your Guidance

 Loving Conflict

Being Needed

 Claiming Your Personal Power

 Loving Partnership 1

Betrayal

 Healing Your Childhood

 Loving Commitment

 Loving Yourself

Being Nourished

 Loving Yourself

 Opening Your Heart


Bonding

 The Loving Relationships Series

 The Loving Partnership Series

 Loving Partnership 1




Being On Path

-  Being Proactive
-  Living Your Spiritual Purpose

Being Realistic

-  Manifesting With Ease
-  Loving Courtship

Being Right

-  Solving Problems Wisely
-  Trusting Your Guidance
-  Loving Conflict

 Releasing Your Past

Boundaries




-  Loving Yourself
-  Claiming Your Personal Power
-  Loving Partnership 1
-  Loving Intimacy

Budgeting




-  Managing Money Flow
-  Being Organized

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Careers - Choosing

-  Achieving Success
-  Loving Yourself
-  Living Your Spiritual Purpose


Completing

-  Being Organized
-  Releasing Past Relationships
-  Transcending Cause & Effect




Careers - Changing

-  Achieving Right Livelihood
-  Achieving Success
-  Loving Yourself
-  Living Your Spiritual Purpose







Concentration

-  Being Organized
-  Solving Problems Wisely

Certainty

-  Accepting Changes and Facing Your Future
-  Solving Problems Wisely
-  Trusting Your Guidance



Conflict

-  Claiming Your Personal Power
-  Speaking Up For Yourself
-  Opening Your Heart
-  Loving Yourself
-  Loving Conflict
-  Communicating Effectively

Chakras

-  Balancing Your Energy Centers

Conflict Resolution

-  Loving Conflict
-  Speaking Up For Yourself

Change

- Accepting Changes and Facing Your Future
- Your First Step
- Being Proactive
- Transcending Cause & Effect

Chaos

- Accepting Changes and Facing Your Future
- Being Organized

Charity

- Giving Purposefully
- Opening Your Heart
- Grounding Your Spirituality
- Living Your Spiritual Purpose

Choosing

- Manifesting With Ease
- Loving Courtship

Choosing Technology

- Managing Information and Technology

Coherence

- Attaining Inner Peace
- Grounding Your Spirituality
- Balancing Your Energy Centers

Commitment

- Loving Commitment

Communicating

- Communicating Effectively
- Loving Communication
- Speaking Up For Yourself

Compassion

- The Spirituality Series

Confrontation

- Speaking Up For Yourself
- Claiming Your Personal Power
- Loving Yourself
- Loving Conflict
- Communicating Effectively

Confusion

- Managing Information and Technology
- Solving Problems Wisely
- Trusting Your Guidance

Congruence

- Attaining Inner Peace
- Grounding Your Spirituality
- Balancing Your Energy Centers

Conscious Intent

- Transcending Cause & Effect
- Manifesting With Ease
- Loving Partnership 2

Consequences

- Transcending Cause & Effect

Control

- Your First Step
- Being Organized
- Loving Yourself

Courage

- Opening To Love
- Opening Your Heart
- Loving Yourself
- Speaking Up For Yourself
- Claiming Your Personal Power
- Transcending Cause & Effect

Opening Your Heart

Competition

-  Achieving Success
-  Healing Money Wounds

Creative Thinking



-  Solving Problems Wisely
-  Manifesting With Ease

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Dating / Courtship

-  Loving Courtship
-  Loving Commitment

Deadlines

-  Being Organized
-  Being Proactive






Decisions

-  Solving Problems Wisely
-  Trusting Your Guidance
-  Loving Commitment

Debt






-  Managing Money Flow
-  Opening To Wealth

Desires

-  Manifesting With Ease
-  Loving Courtship
-  Loving Partnership 1
-  Loving Intimacy
-  Transcending Cause & Effect

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Dishonesty

-  Loving Commitment
-  Loving Conflict
-  Loving Communication
-  Communicating Effectively
-  Grounding Your Spirituality




Divinity

-  The Spirituality Series




Domination

-  Achieving Success
-  Healing Your Childhood
-  Loving Yourself
-  Loving Conflict
-  Loving Partnership 1





Ease

-  Achieving Success
-  Manifesting With Ease
-  Loving Yourself

Economic Power

-  The Money Series
-  Achieving Success
-  Loving Yourself




Effectiveness

-  The Success Series
-  Accepting Changes and Facing Your Future
-  Achieving Right Livelihood
-  Managing Money Flow




Efficiency

-  The Success Series

Ego - Personality

-  Achieving Success
-  Grounding Your Spirituality
-  Loving Yourself

Energy Healing

-  Balancing Your Energy Centers
-  Opening Your Heart
-  Opening to Healing

Ethics

-  Achieving Success







Empowerment

-  The Empowerment series
-  Loving Yourself

Expectations



-  Accepting Changes and Facing Your Future
-  Loving Courtship
-  Loving Partnership 1

Expressing Feeling





-  Releasing Past Relationships
-  Speaking Up For Yourself
-  Loving Yourself
-  Loving Communication
-  Loving Partnership 1
-  Loving Partnership 2

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Faith

-  Opening to Healing
-  Accepting Changes and Facing Your Future



Family Issues

-  The Empowerment series
-  Loving Family
-  Opening Your Heart
-  Loving Yourself

Feeling Powerless

-  The Empowerment series
-  The Success Series
-  The Money Series
-  Loving Yourself
-  Balancing Your Energy Centers

Fellowship

-  Loving Friendships
-  Loving Yourself
-  Loving Courtship

Fear

- Opening To Love
- Opening Your Heart
- Transcending Cause & Effect
- Loving Yourself
- Speaking Up For Yourself
- Claiming Your Personal Power
- Healing Your Childhood

Feedback - Giving

- Communicating Effectively
- Loving Communication
- Speaking Up For Yourself
- Claiming Your Personal Power
- Loving Yourself

Feedback - Receiving

- Communicating Effectively
- Loving Communication
- Speaking Up For Yourself
- Claiming Your Personal Power
- Loving Yourself

Feeling Helpless

- The Empowerment series
- The Success Series
- The Money Series
- Loving Yourself
- Balancing Your Energy Centers
- Opening To Love

Feeling Hopeless

- The Empowerment series
- The Success Series
- The Money Series
- Loving Yourself
- Balancing Your Energy Centers
- Opening To Love

Fellowship - Spiritual

- Living Your Spiritual Purpose
- Loving Yourself

Femininity

- Loving Yourself
- Achieving Success

Financial Management

- The Money Series
- Loving Yourself
- Opening To Love
- Manifesting With Ease

Focusing

- Being Proactive
- Being Organized
- Manifesting With Ease
- Attaining Inner Peace

Forgiving

- The Empowerment series
- Releasing Past Relationships
- Loving Yourself
- Balancing Your Energy Centers
- Opening Your Heart
- Transcending Cause & Effect
- Attaining Inner Peace

Free Will

- Transcending Cause & Effect

Friends




- Loving Friendships
- Loving Yourself
- Releasing Your Past

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Getting Organized

-  Being Organized

Goals

-  Being Proactive
-  Investing Profitably
-  Giving Purposefully



Grieving

-  Releasing Your Past
-  Releasing Past Relationships
-  Opening Your Heart
-  Opening to Healing
-  Balancing Your Energy Centers




Grounding

-  Grounding Your Spirituality



Guidance

-  Grounding Your Spirituality
-  Trusting Your Guidance

Guilt




-  Releasing Your Past
-  Healing Your Childhood
-  Loving Yourself

Gurus






-  Grounding Your Spirituality
-  Trusting Your Guidance

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Habits

-  The Success Series
-  The Empowerment series
-  Transcending Cause and Effect





Hatred

-  Opening Your Heart
-  Releasing Your Past
-  Healing Your Childhood
-  Balancing Your Energy Centers
-  Attaining Inner Peace



Healing - Emotional

-  The Empowerment series
-  Opening to Healing





Healing - Physical





-  Opening to Healing
-  Loving Yourself
-  Balancing Your Energy Centers
-  Opening Your Heart

Healing - Spiritual





-  The Spirituality Series
-  Loving Yourself

Hidden Agendas

-  Achieving Success
-  Loving Conflict
-  Loving Communication
-  Communicating Effectively

-  Loving Yourself
-  Opening Your Heart
-  Balancing Your Energy Centers
-  Healing Money Wounds

Healing - Mental

-  Opening to Healing
-  Loving Yourself
-  Grounding Your Spirituality
-  Balancing Your Energy Centers

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Illusion

-  Grounding Your Spirituality
-  Loving Yourself
-  Loving Courtship

Independence

-  The Empowerment series
-  Loving Yourself



Inner Peace

-  Attaining Inner Peace
-  The Spirituality Series



Intention

-  Manifesting With Ease
-  Living Your Spiritual Purpose
-  Transcending Cause & Effect
-  Loving Communication
-  Loving Conflict
-  Loving Commitment
-  Loving Intimacy
-  Loving Partnership 2



Integrity

-  Achieving Success
-  Grounding Your Spirituality




Intellect

-  Solving Problems Wisely
-  Trusting Your Guidance



Information

-  Managing Information and Technology
-  Solving Problems Wisely




Intimacy

-  The Loving Partnership Series
-  Releasing Your Past
-  Balancing Your Energy Centers

Intuition






-  Trusting Your Guidance
-  Solving Problems Wisely

Investing

-  Investing Profitably
-  Opening To Wealth
-  Healing Money Wounds

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Job Hunting

-  Achieving Right Livelihood
-  Loving Yourself
-  Achieving Success
-  Being Proactive
-  Living Your Spiritual Purpose

Karma

-  Transcending Cause & Effect
-  Loving Yourself

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Letting Go

-  Releasing Your Past
-  Releasing Past Relationships
-  Transcending Cause & Effect





Living in the Present

-  Transcending Cause & Effect
-  Attaining Inner Peace

Life Force

-  Opening Your Heart

Love

-  The Loving Relationships Series
-  The Loving Partnership Series
-  Balancing Your Energy Centers
-  Opening Your Heart

Listening



-  Communicating Effectively
-  Loving Communication

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Magic

-  Manifesting With Ease






Miracles

-  Manifesting With Ease
-  Opening to Wealth

Manifestation

-  Manifesting With Ease
-  Opening To Wealth
-  Achieving Success
-  Transcending Cause & Effect
-  Loving Yourself

Mixed Messages

-  Communicating Effectively
-  Loving Communication
-  Healing Your Childhood
-  Loving Yourself
-  Loving Conflict

Manipulation

-  Achieving Success
-  Claiming Your Personal Power

Money

-  The Spirituality Series

-  Loving Yourself
-  Loving Conflict



Marriage

-  The Loving Partnership Series
-  Opening Your Heart



Mastery

-  Living Your Spiritual Purpose
-  The Spirituality Series
-  Loving Yourself
-  Loving Partnership 2

Masculinity





-  Achieving Success
-  Loving Yourself

Meditation




-  Attaining Inner Peace
-  Opening to Healing

-  Manifesting With Ease



Mood Swings

-  Balancing Your Energy Centers
-  Opening Your Heart
-  Opening to Healing
-  Loving Yourself

Motivation


-  Being Proactive
-  Manifesting With Ease
-  Opening To Love

Moving On




-  Releasing Past Relationships
-  Releasing Your Past
-  Transcending Cause & Effect

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Natural Self

-  Trusting Your Guidance
-  Loving Yourself



Opening to Life

-  Opening To Love
-  Opening Your Heart
-  Loving Yourself

Negativity

-  Your First Step
-  Releasing Your Past
-  Grounding Your Spirituality
-  Balancing Your Energy Centers
-  Attaining Inner Peace
-  Loving Yourself
-  Loving Communication
-  Communicating Effectively
-  Opening Your Heart

Order

-  Being Organized
-  Accepting Changes and Facing Your Future

Organization

-  Being Organized
-  Being Proactive

Organizational Systems

Negotiation

 Speaking Up For Yourself

 Loving Conflict

 Loving Yourself

 Being Organized

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Partnership

 The Loving Partnership Series


Passive Aggression

 Speaking Up For Yourself

 Healing Your Childhood

 Releasing Your Past

 Loving Yourself

 Loving Conflict

Peacefulness


 Attaining Inner Peace

 Loving Yourself

 Balancing Your Energy Centers

Perfectionism

 Loving Yourself

 Achieving Success

 Being Organized

 Being Proactive

Philanthropy

 Giving Purposefully

 Opening Your Heart

 Grounding Your Spirituality

 Living Your Spiritual Purpose

Planning

 Being Proactive

 Solving Problems Wisely

 Managing Money Flow

 Investing Profitably

 Giving Purposefully

Power

 The Empowerment Series


 The Money Series

 The Success Series

 Balancing Your Energy Centers

 Loving Yourself

Prayer

 Opening To Healing

Pretending

 Achieving Success

 Loving Yourself

 Grounding Your Spirituality

Priorities

 Being Organized

 Investing Profitably

 Giving Purposefully

Proactiveness

 Being Proactive

Problem Solving

 Solving Problems Wisely

 Trusting Your Guidance

Loving Conflict

Procrastination

 Loving Conflict

 Being Organized

Positive Thinking

- Opening To Love
- Opening To Healing
- Opening To Wealth
- Your First Step
- Releasing Your Past
- Grounding Your Spirituality
- Balancing Your Energy Centers
- Attaining Inner Peace
- Loving Yourself
- Loving Communication
- Loving Partnership 1

Poverty

- Healing Money Wounds
- Opening To Wealth
- Loving Yourself
- Achieving Success

Productivity

- Being Organized
- Manifesting With Ease
- Living Your Spiritual Purpose

Projection

- Loving Partnership 1

Prosperity

- The Money Series
- The Success Series
- Manifesting With Ease
- Loving Yourself

Purpose

- Being Proactive
- Living Your Spiritual Purpose
- Loving Partnership 2

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Questioning

- Communicating Effectively
- Loving Communication

Radiance

- Opening Your Heart
- Loving Yourself

Rebellion

- Your First Step
- Loving Yourself

Receiving

- Your First Step
- Loving Yourself
- Loving Partnership 1
- Loving Partnership 2

Releasing

- Releasing Your Past
- Releasing Past Relationships
- Transcending Cause & Effect
- Loving Yourself

Responsibility

- Being Proactive
- Opening To Healing
- Loving Yourself

Right Action

- Being Proactive
- Grounding Your Spirituality
- Living Your Spiritual Purpose
- Giving Purposefully

Rejection

- Healing Your Childhood
- Releasing Your Past
- Loving Yourself
- Loving Commitment
- Transcending Cause & Effect

Relationships

- The Loving Partnership Series
- The Loving Relationships Series
- Releasing Past Relationships
- Healing Your Childhood
- Speaking Up For Yourself
- Claiming Your Personal Power
- Opening Your Heart
- Transcending Cause & Effect

Role Models

- Achieving Success
- Grounding Your Spirituality
- Living Your Spiritual Purpose

Romance

- The Loving Relationships Series

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Sadness

- Loving Yourself
- Releasing Your Past
- Healing Your Childhood
- Opening Your Heart
- Opening To Healing
- Balancing Your Energy Centers

Saying No

- Speaking Up For Yourself
- Claiming Your Personal Power
- Loving Yourself
- Loving Communication
- Loving Conflict
- Communicating Effectively

Scarcity

- Healing Money Wounds
- Opening To Wealth

Spending

- Managing Money Flow
- Being Organized

Spiritual Courage

- Living Your Spiritual Purpose
- The Spirituality Series
- Loving Yourself

Spirituality

- The Spirituality Series

Spiritual Power

- The Spirituality Series

Spiritual Practices

- Grounding Your Spirituality
- Attaining Inner Peace

- Loving Yourself
- Achieving Success
- Opening Your Heart
- Opening To Love

Scheduling

- Being Organized

Security

- Healing Money Wounds

Self Acceptance

- The Empowerment Series
- Loving Yourself
- Loving Friendships

Self Esteem

- The Empowerment Series
- Loving Yourself
- Loving Friendships

Self Love

- Loving Yourself
- The Empowerment Series
- Living Your Spiritual Purpose

Setting Limits

- Claiming Your Personal Power
- Loving Yourself
- Loving Communication
- Loving Conflict

Serving Others

- Claiming Your Personal Power
- Living Your Spiritual Purpose
- Loving Yourself

Sexual Energy

- The Spirituality Series

Spiritual Purification

- Grounding Your Spirituality
- Living Your Spiritual Purpose
- The Spirituality Series

Stereotyping

- Achieving Success
- Loving Yourself

Strategy - Strategic Thinking

- Solving Problems Wisely
- Achieving Success
- Investing Profitably
- Giving Purposefully

Struggling

- Opening To Wealth
- Achieving Success
- Loving Yourself
- Grounding Your Spirituality
- Manifesting With Ease
- Transcending Cause & Effect

Soul

- The Spirituality Series




Success

- The Success Series
- Manifesting With Ease
- Living Your Spiritual Purpose
- Loving Yourself





Superconscious Mind

- Trusting Your Guidance
- Solving Problems Wisely

 **Balancing Your Energy Centers**

-  Loving Intimacy
-  Loving Yourself
-  Loving Courtship






Shame

-  Releasing Your Past
-  Healing Your Childhood
-  Loving Yourself
-  Opening Your Heart




Simplicity

-  Transcending Cause & Effect
-  Attaining Inner Peace



Solving Problems

-  Solving Problems Wisely
-  Trusting Your Guidance
-  Loving Yourself
-  Loving Conflict
-  Loving Communication



Support

-  Your First Step
-  Loving Yourself
-  Loving Partnership 1
-  Loving Family
-  Loving Friendships

Surrender





-  Attaining Inner Peace
-  The Spirituality Series

Systems






-  Being Organized
-  Managing Information and Technology

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Talents and Gifts

-  Achieving Right Livelihood
-  Achieving Success
-  Living Your Spiritual Purpose
-  Loving Yourself






Taking Action

-  Being Organized
-  Being Proactive
-  Achieving Success
-  Manifesting With Ease
-  Living Your Spiritual Purpose







Technology

-  Managing Information and

Truth

-  Balancing Your Energy Centers
-  Speaking Up For Yourself
-  Loving Yourself
-  Loving Communication
-  Communicating Effectively

Trust

-  Accepting Changes and Facing Your Future
-  Healing Your Childhood
-  Releasing Your Past
-  Trusting Your Guidance
-  Grounding Your Spirituality
-  Loving Yourself

Technology

Loving Courtship

Time - Time Management

- Being Organized
- Being Proactive
- Manifesting With Ease

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Values

- Giving Purposefully
- Living Your Spiritual Purpose

Victimization

- Loving Yourself
- Healing Money Wounds

Visibility

- Releasing Your Past
- Claiming Your Personal Power
- Achieving Success
- Loving Yourself

Wealth

- The Money Series

Wholeness

- Opening To Healing
- Living Your Spiritual Purpose
- Loving Yourself

Working

- Achieving Right Livelihood
- Achieving Success